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Tony Spoletini MAN OF THE YEAR



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"The CFL Alumni Association has modelled our CFLAA Support Fund after the Gridiron Greats Assistance Fund. We have worked together and honoured CFL Legends into theGridiron Greats Hall of Fame. Our message is friends helping friends with hands across all borders."

> Leo Ezerins, CFLAA Executive Director Gridiron Great Hall of Fame Inductee 2017

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Fall 2019



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For any questions regarding the CFLAA to include donations, partnership opportunities and advertising information for Grey Cup 2020 please contact us.

MESSAGE FROM THE PRESIDENT AND EXECUTIVE DIRECTOR

It has been an exciting and productive year for the CFLAA.

First of we would like to congratulate the CFL and the CFLPA entering into a new CBA without any labor interruption. Most importantly to reach an agreement to extend medical benefits and for the potential to increase salaries depending on the financial success of each team, as the sides agreed to go back to a revenue sharing program.

Commissioner Ambrosie's CFL 2.0 vision launched with global CFL players participating and making an impact in 2019 games. We look forward to a time when the CFLAA welcomes its first global former CFL player. Also, congrats on the leadership to align 11 countries (at last count) for a common purpose, to promote Canadian football internationally and grow both broadcast rights and revenue.

Early year strategic planning with our new Directors at Large have resulted in accelerated growth and focus for the CFLAA. The CFLAA was thankful to participate in the Touchdown Atlantic weekend in collaboration with the Atlantic Schooners, the CFL and the Punt Pass and Kick Competition In support of the CFL #TryFootball campaign. The CFLAA also partnered with Football New Brunswick to host the CFL Alumni Golf Classic and the Pregame Party in support of provincial youth football initiatives and the CFL Alumni Support Fund.

The CFLAA continues to fundraise to grow the CFLASF to assist former players experiencing medical and emergency life events. Our fund is the only fund available to support these men and their families. We are proud to have been able to help many over the years.

The CFLAA entered into a collaboration/observational study with Aurora Cannabis to explore the benefits of medical cannabis in treating chronic pain and related ailments in 2018. The results should be available in the New Year. We also continue to support the research being done at Krembil Neuroscience Center and the Canadian Concussion center under the leadership of Dr. Charles Tator and Dr. Carmella Tartaglia.

Our great supporter Canadian Tire returned for their second consecutive year as title sponsor of the CFLAA Legends Luncheon. This year we will honour CFLAA Man of the Year, Tony Spoletini.

Thank you to the CFLAA Board of Directors for their hard work and support. The Board includes VP Jim Cain, Treasurer Bob Bronk, Jason Riley, JT Hay and Bill Johnson, Patrick Kabongo, Sam Fournier, Dan Dott, Jim Hopson and Bruce Hillary. Hector Pothier is the CFLASF Committee Chairman.

We were excited to celebrate the inductions of Jim Hopson into the CFHOF and Hector Pothier into Mike Ditka's Gridiron Greats HOF.

Special thanks go out to our governance advisor Linda Wood Edwards for her tireless work in support of CFL Alumni.

Brett MacNeil President-CFLAA Leo Ezerins Executive Director

CANADIAN FOOTBALL LEAGUE

Greetings to CFL Alumni everywhere and a special hello to all those gathered in Calgary for the 107th Grey Cup presented by Shaw and the Canadian Tire CFLAA Legends Luncheon.

Thank you for all you have done on and off the field for the Canadian Football League, our clubs and our fans. And thank you to the CFLAA, and the alumni organizations for each team, who do so much to share the CFL's message and help it grow.

Congratulations to this year's Man of the Year, Tony Spoletini. Tony is, of course, both a Vanier Cup and Grey Cup champion. But it is the way he has championed our game that I admire just as much as his on-field achievements and his business success.

It has never been more important to stand up for the game we all love, which has given so much to all of us.

Kids need football. They need its lessons, its discipline, its sense of belonging and being connected to something bigger than one's self. Tony has done much to provide kids with opportunities and places to play and that makes Calgary and Canada better.

Encouraging more young people to embrace football, whether it's tackle or touch or flag or just tossing the ball around with friends, is an important priority for the CFL. This year, we launched our Try Football campaign, featuring ads that have appeared on TSN and online.

Boosting football participation rates is one of the key pillars of our strategy for the future, which I call CFL 2.0.

Another is the use of state-of-the-art data, analytics and best practices to boost ticket sales and fan engagement. That work, carried out by a new Team Services division at the league office, working closely with all nine member clubs, is well under way.

The third pillar of CFL 2.0 is our global focus.

We are proud that this is Canada's league. We are enormously proud of our Canadian players, past and present, as well as the American players who have contributed so much to our game.

We believe in honouring this tradition. We see it as an important part of the fabric of the CFL. But we can, at the same time, expand our league's international footprint in a way that can open up new markets for the CFL around the world and attract new fans in our own, diverse country.

With these principles in mind, we added a number of "global players" to CFL rosters this season, and we will add more next year, following a series of combines around the world and a Global Player.

This progress is fuelled by our new partnership agreements with football federations and leading leagues in Mexico, Germany, France, Japan, Austria, Denmark, Finland, Italy, Norway, Sweden and Great Britain. These bi-lateral arrangements have fueled the appetite for a multi-lateral organization – the International Alliance of Gridiron Football, a forum we can use to grow the game everywhere it is played.

Not enough attention has been paid to another key element of the plan. We want to open new and improved pathways for Canadians to play in Mexico, Europe and Asia once their junior or university careers have ended and if they aren't quite ready for the CFL. This year, the top professional league in Mexico is reserving rosters spots for Canadians.

Opportunities for Canadian players around the world are just as important to us as building a more global CFL in a more global age. We hope this too will encourage more youngsters to choose football and keep playing the game.

One of the big revelations in this work for me is this: the CFL is more than the second biggest league on our continent. It is the second biggest in a world where sixty nations play gridiron football. What's more, the CFL is deeply respected and admired in these football communities around the globe.

Your efforts, as active players and now dedicated alumni, have created this status for us. You have helped build this great league and you continue to support it.

On behalf of everyone associated with the CFL, I thank you for that. And as a fellow alumnus, I am just as grateful for the friendship, stories, and laughs, as well as the example set by those who came before my era and the contributions made all who followed us onto the field.

I can't tell you how proud I am to be one of you and to be a steward of our league along with you.

Yours in football



Randy Ambrosie, Commissioner Canadian Football League

CFLAA



SUPPORT FUND

Welcome

The CFLAA Support Fund was created by members of the Canadian Football League Alumni Association (CFLAA) to offer support to fellow Alumni experiencing a medical challenge which has created a financial hardship.

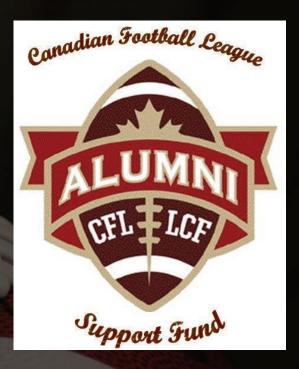
The career in the CFL is short. The salaries and pensions small compared to other professional leagues and other careers. The post career medical benefits non-existent. There is an old saying amongst Alumni. "We never retire from a CFL career; we merely have a career change."

There are NO other programs, plans or funds available. The CFL Alumni Support Fund relies primarily on money the CFLAA raises at the CFLAA Grey Cup Legends Luncheon and other events during the year. The fund also has received donations from our local Alumni Associations and individuals. The largest contributor is the Never Alone Foundation Rose Project; these funds are given to those who have been diagnosed with cancer. Thank you, Lyle Bauer and the Never Alone Foundation!

Applications for the Alumni Support Fund are evaluated by a committee formed by the CFLAA. Applications and awarding of funds are confidential (the recipient determines the degree of disclosure, if any). The applicant information is handled according to criteria approved by the Board. The CFLASF committee reviews any application with the assistance of the executive director. The final decision is made by the CFLASF committee which reports to the CFLAA Board of Directors. The Funds are not given to the player directly, but rather to the health provider, pharmacist, or wherever makes the most sense.

We have been able to help a few our guys along the way.

Recently the fund has provided funds to assist former players living in the United States with medical expenses to assist in their recovery from joint replacement surgeries.



We have helped many more, but who understandably, would like to remain anonymous. We are grateful to the alumni (typically teammates), family, friends, neighbours, and fans who help bring their plight to our attention, so we can help.

We expect as it becomes more and more acceptable for men to share their personal situations and ask for help there will be more and more demand for support. We also know that with the recent awareness and reality of the long term effects on the body and mind from playing football the demand will only increase.

We need to be financially prepared to help. We need your help. Please donate via the donate button at www.cflaa.ca.

Leo Ezerins, Executive Director, CFL Alumni Association

<u>CFL Alumni Support Fund Committee:</u> Chair: Hector Pothier (Edmonton) Brett MacNeil (Winnipeg) Glen Scrivener (Winnipeg) Peter Martin (Toronto) Jim Cain (Ottawa)

CFLAA – Mission, Vision, Values, and Strategic Priorities 2019 – 2021

CFLAA Mission:

The CFLAA creates value and camaraderie for our members by celebrating and supporting Canadian football and demonstrating commitment and service to our community.

CFLAA Vision;

The CFLAA supports former CFL players, Canadian football, and other communities of interest while fostering collaborative relationships with CFL stakeholders and others that enhance the well-being of our members and friends.

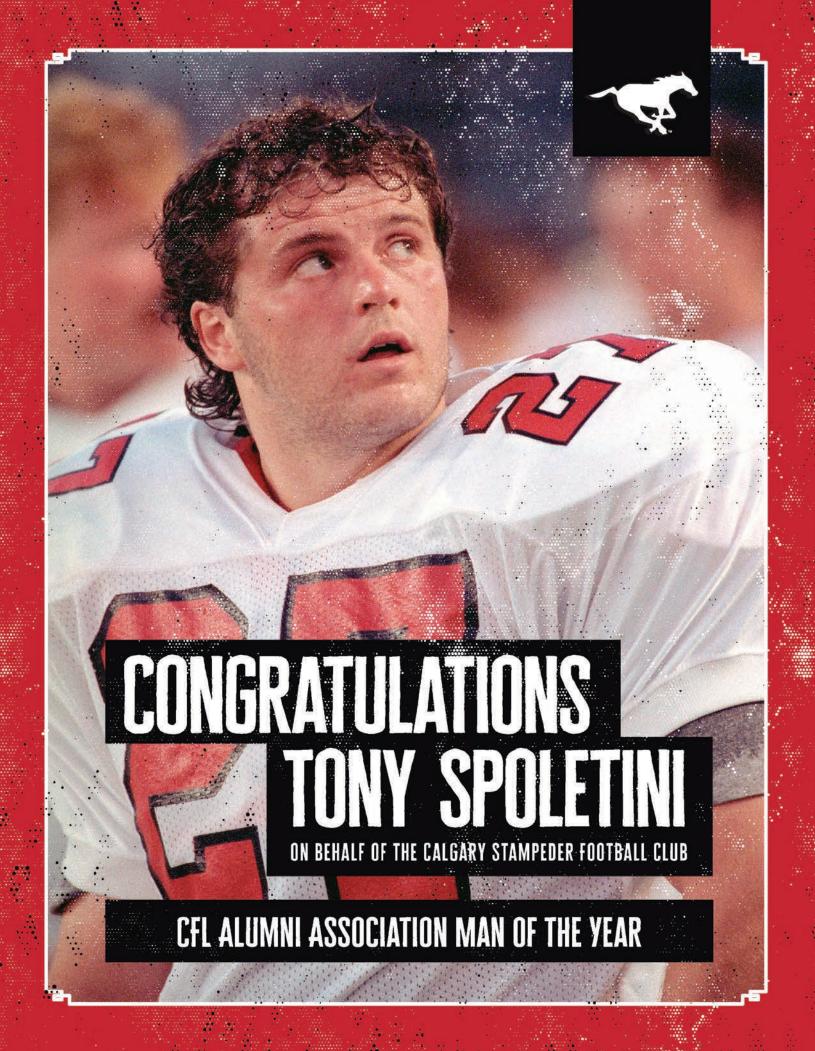
CFLAA Values;

The CFLAA values fellowship, collaboration, support, service, tradition, and wellness.

CFLAA Strategic Priorities:

Strategic Priorities are based on impact of the activity, ability to carry it out, and relevance of the situation to the CFLAA mission, vision, values and strategic priorities.

- 1) Work with our partners including all club alumni associations, the CFL, and the CFLPA to facilitate communication while adding benefits, services, and programs that promote fellowship among alumni and advance each organization's goals.
- 2) Grow the CFL Alumni Support Fund and promote its guidelines and criteria among the CFL alumni community.
- 3) Participate in activities that provide insight into sport related brain injuries and other health related issues.
- 4) Provide good governance and management for the Association to ensure its long term effectiveness and financial viability.
- 5) Continue to offer marquee events that highlight the valuable contribution of alumni and provides them with opportunities to participate in the CFL tradition at Grey Cup while supporting the Alumni Support Fund and the efforts of other key partners.





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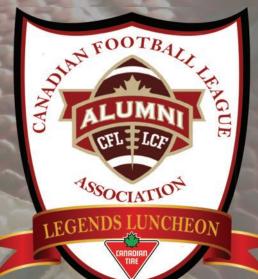
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CONGRATULATIONS



CFL Alumni Association Man of the Year **Tony Spoletini**



FROM THE CANADIAN FOOTBALL LEAGUE & THE CANADIAN FOOTBALL HALL OF FAME



Recruiting Younger Alumni

By Linda Wood Edwards

In my work with boards across Canada, I hear a common theme about the desire (and need) to engage younger members. Representatives of the club alumni associations that form the CFL Alumni Association board of directors are certainly part of that conversation. While each has unique aspects (quirks?), they all exist to help CFL alumni, to support minor football, and to lend support to local charitable causes. In addition, they all have a board, and many of those boards are run by dedicated people who have been alumni for a long time. It is rarer that these boards have "young alumni" (i.e., 10 years out or less).

We know that younger alumni have different interests and are more diverse than those who trod the path before them. This creates a challenge for club alumni associations in terms of membership, programming, and governance. Alumni sit around the table and ask, "Why aren't they participating? After all, this always worked before!" The frustration is compounded by the fact that seasoned alumni are – quite frankly -- getting tired. Many are ready to hand over the reigns to someone who isn't going to screw up everything they built.

How do we facilitate such a meeting of the minds? Here are a few ideas:

Give Them Time

Athletes are so competitive that it can take literally years until former players even accept that they have joined the ranks of the "alumni." In professional sports, we know that few players enter the alumni realm willingly. So, we need to give them some time to get used to the idea. As they are pondering their next steps in life, keep them in the loop of what you're up to but don't try to upsell them on the joys and benefits of having played this great game. They just aren't there yet, emotionally.

Delegate Responsibility

Name a Coordinator/Committee to create programs that will activate younger alumni. I advise stopping short of "exclusive programming" for younger alumni. While they may engage, in the long run it doesn't serve anyone to divide an already small(ish) group. The benefit of being an alumnus is in being part of a strong collective, not about further dividing. Have personal contact. Invite them out. Be on hand to greet and introduce them when they do eventually show up.

Don't Forget the Builders

Ideas from/for younger alumni will also appeal to some of the other alumni. Track who attends what. How many more younger alumni participated? How many of your builders/old(er) guard disengaged because of the new program/idea/approach. Adjust accordingly and try again.

Socialize

Some Clubs are successful at organizing social events such as happy hours, athletic events, wine/beer/scotch tours and tastings, poker nights, etc. Remember to look for behind the scenes opportunities as well -- trendy stuff you've not tried before. Sure, golf tournaments are good and they can raise some serious cash for your causes, but there is so much more you could try.

Life Cycle

Younger alumni may not have the financial resources older alumni do (depending on player contracts and how guys spent their offhours from football, obviously). Consider free/discounted club alumni association memberships for a year or two; or tiered pricing for alumni events; or incentives for referring other alumni to join (e.g., get 2 team mates to join and your membership is free). Also, when planning your meetings, be mindful of the work hours of younger alumni as they may not have the flexibility that older alumni have.

Wired

Younger alumni are wired up, so your club alumni association's website (please tell me you have one!) needs to be current and spiffy. Connect with them electronically using several social media platforms and make it easy for them to pay member dues, program registration fees, etc. immediately and on-line (this also decreases your accounts receivable and bad debts).

Consider links from you Club website to alumni's personal web pages and to an on-line club member directory, etc. If you are intimidated by technology, then ask a younger alumnus to become your club's electronic/social media guy.

Strong Bodies

Younger alumni are likely in better shape than the rest of us. Offer some outdoor/ athletic activities--hiking, skiing, snow shoeing, road races, wall climbing, etc. Create a competitive challenge within your club alumni association.

Service

Consider an alumni community service project/day/event. I work with a group who does Habitat for Humanity builds when one comes up in their region. Primarily younger members participated, but the entire organization benefitted, and the younger ones felt engaged and like they were part of something bigger. End your service events with a social that all alumni are invited to, whether or not they participated.

Recognition and Renewal

Volunteer recognition is important, especially for younger people. If you've been on your club's board for 15 years, you may not need another certificate of recognition (signed by yourself!), but younger alumni thrive on acknowledgement. So do it, because they may become your club president one day and give you that welldeserved break. If you named a Coordinator to attract younger alumni, then put that person on your board (Note: This may involve a bylaws amendment). Encourage term limits so that your Club's board renews and refreshes with (some) regularity. If older alumni want to stick around, I'm quite confident there is committee or project work for them.

Continuing Education

A networking event or seminar on current business and technology trends, or a "financial check up" panel, can be a way to attract younger alumni. You may even want to involve current players in this (but check with the Team and the CFLPA first). Also look to programs and services already set up by the CFLAA, the CFLPA, and/or the CFL (e.g., Athabasca University).

Success Breeds Success

Tack a club alumni association activity on to something that is already happening in your community (e.g., festivals, exhibitions, sporting events, openings, public lectures). Check your community calendar and see what's coming up. This is a really easy and efficient way of offering great value with very little risk.

Connection

Younger alumni are potential club volunteers. Keep them connected by ensuring they are on your mail/email lists about your AGMs, programs, events, volunteer opportunities, appearances, etc. Have someone reach out personally to make an invitation. Feeling welcome is huge, even when we act like it's no big deal.

Share

Every Club is looking for new and innovative ways to attract and involve younger alumni. Leverage your club alumni association's membership in the Canadian Football League Alumni Association



Proudly supporting good governance in the CFL Alumni Association since day 1.



(CFLAA). All members share current/best practices and there is some great stuff going on across the country. Talk up your successes, share your pitfalls, and grab onto great ideas coming from elsewhere. Also, consider surveying younger alumni and ask what they would value. Don't forget to reach out to alumni who have recently moved into your area, no matter which team they played for.

I hope these ideas got you thinking about how you can engage younger alumni. Some came from experience, others from Yale University (sports alumni's needs aren't so different). Here's the Yale article, FYI http://www.aya.yale.edu/content/recruiting-youngalumni.

In the meantime, keep up the great work! If there's something I can do to help you do it even better, please let me know.

Linda

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Wally's World

What do you do after you've spent 50 years doing the same thing? For CFL Legend and Hall of Fame Inductee Wally Buono the answer is simple.... family. For a man whose second family has been on the field since his college days at Idaho State beginning in 1968 to the start of his playing career with the Alouettes in 1972 and then his coaching career in 1983 and executive positions, summer and fall have been consumed by football.

Longevity and success do not come by accident. With a CFL record 305 career wins as a coach, Wally attributes his good fortune to a number of factors. Being in the right environment with people that want to help you succeed, that compliment your strengths and give you the latitude to develop and do things your own way are keys contributors to his success. Having the front office and coaches that can find and develop players to reach their potential is also an integral part of the equation, particularly that he has been blessed with good QB's. In particular, he feels Doug Flutie is the best as he has always been leader, a performer and a winner on every team he played on.

The ability to evolve and adapt to changing times and players has also been important. He states that when he first started, the coach would tell you what to do and you did it. Nowadays, players want to negotiate and be consulted and have more input into the game plan in order to buy into what you're doing. While adapting, he has been consistent in being honest, tough and demanding on his players to reach their full potential. Wally has had success at every level in the CFL. As a player he spent 10 years as both a LB and punter with the Montreal Alouettes appearing in 5 Grey Cups and winning two. As a coach he is a 5-time Coach of the year winner while coaching both Calgary and B.C. He holds numerous CFL coaching records including most regular-season wins by a head coach (282), most first-place finishes by a head coach (13) and most Grey Cup wins by a head coach (5).

He is a great admirer of the CFL for where it's been and where it's going. He calls the CFL the League of Opportunity. It gives a lot of people an opportunity to grow their life that they may have not had elsewhere whether it be a player, a coach, an administer or a secretary. It also brings unity to the country.



He is also very optimistic for the future of the league and a big fan of Commissioner Randy Ambrosie who he see's as a visionary who has the right mix of experience as a player, a successful businessman and a leader who is continually out there selling and promoting the league. He supports the Commissioners vision of CFL 2.0 and the need to promote and grow the league globally. He compares it to the way both the NBA and NHL now have a strong international content in their league and have increased their global presence.

While he still watches and follows the league, he is comfortable in his retirement. Now in his 70th year, he says "its time to give someone else an opportunity that he was fortunate to have. Retirement is not a punishment but rather a change of priorities and lifestyles and something he chose to do because he wanted to." He now has the time to do the things he wants at anytime which primarily includes spending time with his family, his kids and grandchildren, doing the fun things grandparents do like babysitting and trips to Disneyland and possibly Walley World.

Tony Spoletini Named CFL Alumni Association Man of the Year

The Canadian Football League Alumni Association is proud to name revered Calgary Stampeder Alumni Tony Spoletini as the CFLAA "Man of the Year". Tony was chosen by the Calgary Stampeder Alumni Executive Board to recognize a lifetime of achievements both on and off the field in the host Grey Cup city.

Tony was not only an accomplished athlete during his playing career but an outstanding citizen that continued to give back to the community in his post football playing career.

" I am very very humbled and flattered to be recognized by my fellow Alumni to be selected amongst the many who give back so much to their sport and communities across the country. The CFL Alumni are the most approachable and genuine professional athletes. Being part of this fraternity is an incredible honor. I am very grateful."

Tony is the oldest son of Italian immigrants. He has brought honour and pride to the Spoletini family name in Calgary through his many achievements and successes. Successful individuals are those whose drive, commitment, vision and passion set them apart. Tony has all these attributes and more!

Success has always been an integral part of Tony's life. As a youth he succeeded on the soccer pitch and the football field. His high school team, the St. Francis Browns, were undefeated and City Champions for three consecutive seasons. He joined the University of Calgary Dinos, as a 17year-old freshman, he was a member of two consecutive Vanier Cup Championships and Canada West Rookie of the Year. He was signed by the CFL Edmonton Eskimos in 1987 and was a member of the 1987 Grey Cup team. He signed as free agent with the Calgary Stampeder's in 1989 and played the remainder of his career with his hometown team. The 1991 Grey Cup loss to the Toronto Argonauts was his last game.

Tony retired from professional football in 1992 and joined his Stamp teammate cousins, Tom and Mike in the highly successful restaurant /catering, Spolumbos, Fine Foods and Deli. Spolumbos is a name recognized by many Calgarians not only for their fine products but also for the ongoing support for diverse organizations from church groups to the sport and fine art community.



Tony passion for football has never wavered and he has been one of the key people in the growth of Calgary minor football. He has coached Atom, Bantam, and Midget football dedicating hundreds of hours to young athletes. A parent of his Bantam football team wrote of his passion, fairness and remarkable sense of humour. "Win, lose or draw Tony could be found leading his team in song, in a humorous game or exercise. His young charges felt the real joy of playing the game".

Tony was instrumental in developing grass roots football within Calgary and surrounding rural areas. He was a leader in the development of the Calgary and Area Midget Football Spring league which has provided many players a new opportunity to play football.

Tony is credited as being the driving force behind the improvement and development of football venues in Calgary, He teamed with Calgary Cowboys Football Association executives and the Calgary Shriners to fund and build "Shriners Field" complete with lights: home field for the Midget and an Atom football leagues. As vice president of the Greater Calgary Amateur Football Association, he was in charge of fund raising and one of three members overseeing construction of the facilities at Shouldice Athletic Park. The facility is cited as one of the finest of its kind in Canada made up of three artificial turf fields, grandstands, press boxes, scoreboards, lights and entry plaza.

Tony Spoletini Named CFL Alumni Association Man of the Year



Tony has given back to his Alma Mater. He was a volunteer coach and is a significant supporter and important member of the annual Dino's 5th Quarter fund raising dinner as Cochairman and Co-Master of Ceremonies. He is valued as a mentor and resource for the officer group and board of directors of this group. His personnel efforts have raised substantial dollars for Dino football scholarships. Tony has also volunteered his time as the color commenter for the Dino football games on the Fan 960.

He has been responsible for coordinating the Stampeders alumni spring football camps which not only provides young players a chance to learn the game from former CFL players but also raises money for the Alberta Children's Hospital. Tony is a former board member and currently an active member of the Stampeder alumni.

Tony also supports his Italian roots as a member of the Italian Sportsman Dinner Board. His personality, wit and charm as co master of ceremonies annually attracts sold out dinners. His amazing humour and talent have Tony receiving and volunteering for countless speaking and emceeing engagements for charities.

Tony has been recognized by Dino Football- Lou Goodwin Award for Outstanding Service 2008 and Football Alberta-Outstanding Service Award for Football in Alberta 2009.

Tony has brought his passion to every facet of his life: dedication to his family, Lisa and their three sons.



Philanthropic, he and his business partners support numerous causes and as a humble volunteer. His vision and drive has resulted in the development of football facilities which will benefit thousands of young athletes and adults for many years to come. His commitment as a coach, and contributions to the development football leagues for Calgary youth insures his "love of the game" will continue to inspire.



FORMER CFL PLAYERS WORKING IN THE CFL 2012-2019

	2012	2013	2014	2015	2016	2017	2018	2019	By Team
BC Lions	6	7	7	8	7	8	11	14	68
Calgary Stampeders	3	5	4	6	10	7	7	7	49
Edmonton Eskimos	6	5	7	6	6	4	7	8	49
Saskatchewan Roughriders	5	5	5	5	7	7	5	4	43
Winnipeg Blue Bombers	2	1	9	10	9	8	8	9	56
Hamilton Tiger-Cats	4	6	5	4	6	4	6	3	38
Toronto Argonauts	6	7	4	5	4	4	5	5	40
Montreal Alouettes	1	4	9	7	6	7	6	7	47
Ottawa Red Blacks			6	7	7	6	2	4	32
TOTAL	33	40	56	58	62	55	57	61	
	-								



To all CFL Alumni Players,

We are working hard to make positive changes for players and to improve and grow the great game of Canadian Football.

Professional football is changing. It's still a game but it's also a business, and playing is a full time career. CFL players today love and respect the game for the pure reasons we all do.

Expectations are different and the physical demands are as high as they've ever been. One of the most important gains we made during recent collective (CBA) negotiations with the CFL was to extend injury rehabilitation coverage from just one year to three years. We have also extended our relationship with a leading technology-based wellness company (Morneau Shepell) to make sure players have access to mental health resources for up to three years after their final playing contract.

On behalf of the CFL Players' Association, thank you for leading the way so that we can build a better future for all players. There are many other services we offer players and I encourage you to visit CFLPA.com to see the progress we've made.

Brian Ramsay CFLPA Executive Director CFL (2006-15)

FORMER CFL PLAYERS WORKING IN THE CFL 2012-2019

Calgary Stampeders

David Sapungis Executive Committee Member (WR Calgary 1990-97) John Hufnagel President/General Manager (QB, Calgary, 1976-79, Saskatchewan, 1980-83, 1987, Winnipeg, 1984-86 **Ryan Dinwiddie QB Coach** (QB, Winnipeg 2006-08) **Dave Dickenson Head Coach Offensive Coordinator** (QB, Calgary, 1997-2000 & 2008, BC, 2003-07) Saskatchewan 2010-11) Joshua Bell DB Coach (DB, BC 2012-2013 Calgary 2014-2017) **Corey Mace DL Coach** (DL, Calgary 2010-15) J.C. Sherritt LB Coach (LB, Edmonton 2011-18)

Toronto Argonauts

Kevin Eiben ST Coach (DB, Toronto 2001-2012, Hamilton 2013)

Tyron Brackenridge DB Assistant (DB, Saskatchewan 2011-2015)

Michael "Pinball" Clemons General Manager (KR, PR, SB, RB, Toronto, 1989-2000)

Matt Black Player Relations (DB, Toronto 2009-18)

Jonathan Crompton QB Coach (QB, Edmonton 2013-14, Montreal 2014-16)

Winnipeg Blue Bombers

Wade Miller President and CEO (LB/RB, Winnipeg 1995-2005)

Kyle Walters General Manager (DB, Hamilton 1997-2003)

Danny McManus Assistant General Manager (QB, Winnipeg, 1990-92, BC, 1993-95, Edmonton, 1996-97, Hamilton, 1998-2005, Calgary, 2006)

Mike O'Shea Head Coach (LB, Hamilton 1993-95, 2000, Toronto 1996-99, 2001-08)

Buck Pierce RB Coach (QB, BC, 2005-09, 2013, Winnipeg, 2010-2013)

Richie Hall Defensive Coordinator (DB, Calgary 1983-87, Saskatchewan 1988-91)

Glen Young LB Coach (LB Calgary 1998-2000, Montreal 2001-05)

Jordon Younger DB Coach (DB, Toronto, 2004-07, 09-12, Edmonton 2008)

Kevin Neilles Board of Directors (WR, Winnipeg 1984-1986, Calgary 1986)

BC Lions

Ed Hervey General Manager (WR, Edmonton 1999-2006)

Devon Cleybrooks VP Football Operations, Head Coach, Alt. Gov. (DT, Montreal 2007-08, Calgary 2009-11)

Kelly Bates OL Coach (OL, BC 2002-08, 11, Winnipeg 2009, Saskatchewan 2010, Edmonton 2010)

Drew Tate QB Coach (QB, Saskatchewan 2007-08, 18, Calgary 2009-16, Ottawa 2017)

Nik Lewis RB Coach (WR, Calgary 2004-14, Montreal 2015-18)

Ryan Phillips DB Coach (DB, BC 2005-16, Montreal 2017)

Jarius Jackson QB Coach (QB, BC 2005-11, Toronto 2012)

Chris Ellis DL Coach (DL, Saskatchewan 2012)

Keith Stokes Off and ST Assistant (WR, Montreal 2002-03, Winnipeg 2004-05, 07, Toronto 2006,08, Edmonton 2008)

Markus Howell Rec Coach (WR, Winnipeg, 2000-04, 2010, Ottawa, 2005, Calgary, 2006-09)

Jamie Taras Director Community Relations (OL and FB, BC, 1987-2003)

Geroy Simon Player and Business Developmental Advisor (WR, Winnipeg 1999-2000, BC 2001-12, Saskatchewan 2013)

Bob O'Billovich East Regional Scout (QB/DB, Ottawa Rough Riders 1963–1967)

Uzooma Okeke Southeast College Scouting (OL, Shreveport 94-95, Ottawa 96, Montreal 97- 2006)

Montreal Alouettes

Khari Jones Head Coach (QB, BC 1997-99, Winnipeg 2000-04, Calgary 2004, Edmonton 2005, Hamilton 2005)

Andre Bolduc Offensive Quality Control ST Coach (WR, Ottawa 1996, Edmonton 1997, Montreal 1998-2001)

Miles Gorrell Canadian Scout (OL, Calgary 1978-82, Ottawa 1982, Montreal 1982-95, Hamilton 1985-91,96, Winnipeg 1992-95)

Luc Brodeur-jourdain OL Assistant (OL, Montreal 2009-19)

Marquay McDaniel Off Assistant (WR, Hamilton 2009-11, 2018, Calgary 2011-17)

Robert Gordon WR Coach (WR, Ottawa 1991-92,96, Toronto 1993-94 BC 1995, Edmonton 1997, Winnipeg 1999-2004)

Hamilton Tiger-Cats

Orlando Steinhauer Head Coach (DB, Ottawa 1996, Hamilton 1997-2000, Toronto 2001-08)

Craig Butler ST/Def. Assistant (DB, Saskatchewan 2011-13, Hamilton 2014-17)

Mark Washington Defensive Coordinator (DB, Montreal 1997-2002, BC 2003-06)

Ottawa Redblacks

Mark Nelson Defensive Coordinator (LB, Calgary 1980-85, Sask, 1986)

Leroy Blugh DL Coach (DL, Edmonton 1998-99)

Joe Paopao RB Coach (QB, BC 1978-83, 90, Saskatchewan 1984-86, Ottawa 1987)

Winston October WR Coach (DB, Montreal 1999-2000, Edmonton 2001-04

Saskatchewan Roughriders

Jeremy O'Day Asst. VP and Football Operations & Admin (OL, Toronto, 1997-98, Saskatchewan, 1999-2010)

Stephen McAdoo Offensive Coordinator OL, Shreveport 1994-95)

Travis Moore WR Coach (WR, Calgary 1996-2002, Saskatchewan 2003-05)

Jason Shivers DB Coach (DB, Toronto 2008-09, Hamilton 2010-11)

<u>Eskimos</u>

Jason Maas Head Coach Offensive Coordinator (QB, Edmonton 2000-05, Hamilton 2006-07, Montreal 2007, Edmonton 2008-10) Baron Miles DB Coach (DB, Montreal 1998-2004, BC 2005-09)

Tim Prinsen RB Coach (OL, Hamilton 1997-99, Edmonton 2000-04)

Demetrous Maxie DL Coach

(DL, Montreal 1996, Toronto 1996-99, Saskatchewan 2000-01, Toronto 2002, Calgary 2003-07) Travis Brown LB Coach (LB Ottawa 2014-15)

J.C. Sherritt LB Coach (LB, Edmonton 2011-18) Tom Richards, Board of Directors

(WR, Edmonton 1986-1990) A.J. Gass, ST Coordinator (LB, Edmonton 1998-2007)

Jason Tucker, Rec. Coach (WR, Edmonton 2002-08)

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Become a CFLAA Member

The CFLAA supports former CFL players, Canadian football, and other communities of interest while fostering collaborative relationships with CFL stakeholders and others that enhance the well-being of our members and friends.

Membership is no longer restricted to players only. Our goal is to build a national Association of all of those that follow, are fans and supporters of CFL football, most importantly you must believe and support the CFLAA mission and vision.

If you've worked for a team in any capacity from ticket taker to General Manager, a cheerleader or fan, or a spouse or family member of a former player, you can join the CFLAA!

Members will receive access to exclusive benefits from the CFLAA. We plan to launch earlier in the New Year. If interested send me a note.



Leo Ezerins, Executive Director, CFL Alumni Association Leo@cflaa.ca www.cflaa.ca

Without our past, we have no future!



CALGARY STAMPEDERS ALUMNI 2019 YEAR IN REVIEW

Congratulations to the Calgary Stampeder Alumni Association for helping sell out this years Grey Cup Legends Luncheon! Thanks to President Dave Heasman, VP Jackie Kellogg and Directors Butch Caston, Rob Cote, Terry Irvin, Will Johnson, Rocco Romano, Srecko Zizakovic and their 87-member Association!

This year the CSAA is proud to congratulate one of their own - Tony Spoletini, University of Calgary Dinos and Calgary Stampeder Alumni who will be recognized as the CFLAA "Man of the Year" honouree at this year's Canadian Tire CFLAA Legends Luncheon during Grey Cup Festival in Calgary.

It was a great year for Alumni as former Stampeder and Canadian RB, Jon Cornish was inducted into the 2019 class of the Canadian Football Hall of Fame.

As usual the CSAA was once again very active in the community. The Stamps Alumni help run spring football camps which not only provides young players a chance to learn the game from former CFL players but also raises money for the Alberta Children's Hospital. Stamps Alumni were also on hand to help raise money at the United Way golf tournament in Medicine Hat.

August 17th was the "Legacy Night" game where Stamps alumni were honoured throughout the game which included Jon Cornish for his induction into the Canadian Football Hall of Fame. Activity included Alumni Gridiron Gardens tailgate party, alumni meet-and-greet and food & beer gardens plus help to "Tackle Hunger! Fans were encouraged to bring non-perishable food items or cash donations to the game in support of the Purolator Tackle Hunger program. In return, fans had the opportunity to have their photo taken with the Grey Cup!

The CSAA are also involved in a "Home Town Hero" program where CSAA alumni honour a home town hero at every game on the field. (eg. nurses, doctors, teachers, police officers, fire fighters, EMS, and coaches)



The 30th annual Stampeder Alumni Charity Golf Tournament was hosted at the Country Hills Golf Club on July 22nd. This year's tournament was another sold out success and on behalf of the Calgary Stampeder Alumni Association and the Calgary Stampeder Alumni Charitable Foundation – Our Alumni will be donated \$91,000 with \$35,000 to Minor Football in Calgary and surrounding areas, \$35,000 of this was raised by the Golf Tournament

The Calgary Stampeder Alumni Charity Foundation was started in 1997, when the owner of the football club, Sig Gutsche, donated the proceeds of a golf tournament to set up the foundation. The Alumni Association became actively involved in 1999. Currently there is \$615,355 in the foundation, generating interest, which is invested back into the community on an annual basis. The Calgary Stampeder Alumni Charity Foundation is a non-profit organization governed by a volunteer board of directors. Our mission is to disburse funds to as many needy youth-oriented charities as possible.

As former athletes, who have benefited from our association with the football club, and have chosen to remain in the Calgary Area to raise our families, we feel that it is incumbent on us to create a legacy, which will benefit local area youth in perpetuity. This year the foundation donated \$56,000.00 to the Run/ Walk for Childhood Cancer, Believe in Gold, YYC. Alumni participated in and sponsored the annual run.

The CSAA is sad to announce the passing or three of their annual including Guard Hal Krebs (1962-67), Guard Bill Graham (1961) and DB Harvey Wylie (1956-64)



EDMONTON ESKIMO ALUMNI 2019 YEAR IN REVIEW

The Eskimo Alumni continues to be the largest in the league with a total membership of about 300.

President Bob Clarke leads a strong 15-member Board than welcomes new members Rod Connop and Derrell Mitchell as new members this year.

Long-time Eskimo player, Alumnus and CFLAA co-founder Hector Pothier was inducted in the Gridiron Greats Football Hall of Fame this summer in Chicago. Founded my Mike Ditka, Gridiron Greats recognizes former players that continued to give back in their post playing careers and uses the induction event to raise money for an Assistance Fund to provide financial grants and 'pro bono' medical assistance to retired players in dire need.

The EEAA continued to host two very successful annual events including their golf tournament and Winefest that raised over \$40,000 combined. The Alumni\team picnic was held on Sept. 8 at the Kinsmen Center.

Other events that the EE Alumni participate in are numerous charity golf tournaments throughout the Edmonton area northern Alberta. Members golf and assist with autographed materials for auction items for the fundraising events. The Alumni also have members participate and assist with suppers on Sundays with the Operation Friendship Seniors Society in Edmonton. Several Alumni members coach on local high school and junior football teams. Many alumni attend various community events staged by multiple organizations in support of their goals.

The Alumni Community fund sponsors many charities in the region and offers two scholarships to both Junior Football programs, the Huskies and Wildcats as well as to two players with the U of a Golden Bears football team. Over \$130,000 was donated to various charities and community programs. Andrew Jones, Alumni EE, has taken a position with the Eskimos office in the community relations area.

The EE Alumni Support Fund continues to assist Alumni that have or are facing challenging physical or financial hardships.

The Eskimo Alumni continued to recognize a military member of the PPCLI and his partner with a Grey Cup Package which includes tickets to the game, flights and hotel, sponsored by Weldco-Beales; Spirit of Edmonton tickets, Legends Lunch tickets and recognition at an Eskimo home game.

The Eskimo Alumni plan to have their website up again in the New Year

THANK YOU ALUMNI!

The Saskatchewan Roughriders would like to acknowledge and thank our alumni for their continuous contributions on and off the field. All have their own tales of grit, perseverance and triumph and have made their mark on our community and Rider Nation.



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SASKATCHEWAN ROUGHRIDER ALUMNI 2019 YEAR IN REVIEW

It was another busy and eventful year for the Saskatchewan Roughrider Alumni Association. We have seen our alumni membership grow to well over 100 members and our annual fundraising events raise over \$100,000 with all funds been given out to the different groups and communities across Saskatchewan.

2019 also marked the third year of our beautiful Mosaic Stadium and our very own Alumni Lounge. We are very proud of our new digs located in the northwest end zone. We invite any visiting CFL Alumni to stop in and be our guests in our new home! We would also like to thank the Saskatchewan Roughrider football club for allowing us this opportunity and for the very special relationship we have with them. I believe is a relationship unlike any in the league and it truly enables our organization to accomplish all that we do!!

A huge part of our vision in 2019 continued to be growing our presence in Saskatchewan and to continue to give back to this community that was so supportive of us when we played. Through our fundraising efforts such as our Alumni Golf Tournaments in Saskatoon and Regina our Whiskey and Wine Gala, the Believe in the Gold Walk/Run for support of childhood cancer as well as numerous other events we are very proud to report that we were once again able to help raise over \$100,000 for many community groups in Saskatchewan.

The Alumni Association appreciates the efforts of all our Alumni in helping make 2019 another successful year. With our commitment of hard work to serve we continue to building community but most importantly friendships and unforgettable memories. We also want to thank our Fans all over this country for their support and generosity!

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WINNIPEG BLUE BOMBERS ALUMNI 2019 YEAR IN REVIEW

The Winnipeg Blue Bomber Alumni Association is led by President, Brendan Rogers and VP, Petar Pejovic along with Board member and CFLAA President Brett MacNeil. The Association has 110 paid members and about 300 on our membership mailing list.

The WBBAA had another eventful year for both its members and Association.

Bob Cameron was inducted into the team's Ring of Honour during their game on Sept 27 against the Hamilton Tiger-Cats. Cameron was a mainstay for the Bombers over a remarkable career that saw him handle the punting chores for 23 years, from 1980-2003, and 394 regular season games until he retired at age 48.

He ranks second all-time on the Canadian Football League's alltime list for games played. Cameron also holds the CFL's consecutive games-played mark at 353, covering a stretch from August 27, 1980, to September 16, 2000. Bob played in 6 Grey Cups while winning 3 and was a four-time CFL All-Star.



Less Browne was inducted into the Bomber Hall of Fame October 15th. Less signed with the Bombers as a free agent in 1989. He played in 51 regular-season games for the Bombers in 3 seasons and had 27 interceptions. He was an East-Division and CFL All-Star in both 1990 and 1991 and was an integral part of the club's dominant defence that was the backbone of teams that played in East Division Finals in each of his three seasons in Winnipeg and was instrumental in the 1990 Grey Cup championship.







The Bomber Alumni also continue to be heavily involved in the community as they partnered with the Riverview Health Centre – to raise funds for the Dementia Wing at the Health Centre.

Alumni events included a Wine, Whiskey & Chocolate Night – great night of fellowship with our alumni and their guests and the WBBA Annual Golf Tournament – sold out golf tournament at the beautiful Glendale Golf & Country Club.

We continue to annually support the Winnipeg Rifles of the Canadian Junior Football League. We also award a scholarship to the most outstanding player in each of the three divisions in the Winnipeg High School Football to be used at a post secondary university/college of the recipient's choosing.

The Bomber Alumni morn the passing of Norm Rauhaus played safety and flaker from 1956 – 67 and won 4 Grey Cups. Roger Hamelin played tackle from 1961 – 69 and won 2 Grey Cups.



Toronto Argonauts Alumni Association 2019 Year In Review

The Association had another exciting and forward-thinking year. It started out having the full support of the Toronto Argonauts Football Club and MLSE and their top leadership.

Our partnership with the Toronto Argonauts Football Club and MLSE is a major reason for the growth in overall alumni membership and engagement and attendance at our events. Membership grew and increased to over 100 paid members and also started showing signs of getting younger.

President Stace Coray along with VP Dan Ferrone, Treasurer Bob Bronk and Past President Peter Martin form the Executive Committee of the 11-member board.

The Association kicked-off its season with the 9th Annual Reunion on April 17 at Royal Woodbine Golf Course in Toronto. Coach Chamblin brought the entire coaching staff, Danny Webb, current players, Brandon Bridge and James Wilder and recent retired player, Matt Black to meet and connect with the alumni that evening. Commissioner Randy Ambrosie spoke to us about CFL 2.0, a new paradigm for the CFL.

A pair of former Argo receivers were part of this year's induction class to the Canadian Football Hall of Fame. Terry Greer (1980-85) joined David Williams (1991-92) as part of this year's class.

Terry won a Grey Cup in 1983 before he moved on to continued success in the NFL where he was part of two Super Bowls with the

49ers (1988 and 1989). David played for 5 teams from 1998-95 including two with the Argos where he was also a member of the 1991 Grey Cup Champions.

Saluting Terry at his induction festivities at Hamilton's Tim Hortons Field were former 1983 Argos Steve Ackroyd, Bob Bronk, Dan Ferrone (who made the presentation), Hank Ilesic, Paul Pearson, Geoff Townsend, trainer Fred Dunbar and equipment manager Danny Webb.

On June 3 the 20th Annual Golf Fun Day Tournament, the Association's major fundraising event, teed-off at ClubLink's Eagle Ridge Golf Course in Georgetown. The event is a staple on the calendar and is also used to raise money for the Argonauts Alumni Support Fund, which provides financial assistance for former players in need.

The Toronto Argonauts Alumni Association was saddened to learn of the passing of a number of its brothers. Those passing are Norm Stoneburgh, a former all-star centre who played for the Toronto Argonauts (1955-1967); Asst, equipment manager in the 1960's Robert "Bob" Kotzer;

Bill Myers, who played for the Argos in 1945-46 (both Grey Cup seasons) and again in 1948; Forrest Gregg, head coach of the Toronto Argonauts in 1979; Lee Sampson who played end with the Argonauts in 1964; Ken Foster, who played for the Argos in 1954-55 and Bill Graham, who played for the Argos in 1959-1960.

HAMILTON TIGER-CATS ALUMNI 2019 YEAR IN REVIEW

It's been a busy year for the HTCAA with several events and some new members. President Ryan Donnelly has focussed on bringing more "youth" to the Board with the new additions of Peter Dyakowski, Sandy Beveridge and John MacDonald. Total membership is now at 165.

The year started off with a very successful Alumni golf tournament where over two dozen alumni took part in our 135-golfer field. The HTCAA had a record year increasing net profit by over \$5k for our largest fundraiser of the year.

It was also a year of celebration as the 1999 Grey Cup championship team celebrated its' 20-year reunion. Over 30 members of the team were back in town the same weekend teammate Rob Hitchcock was inducted into the Tiger-Cat Wall of Honour. Rob was the 23rd player to receive the honour.

The HTCAA continued to be actively involved in the community. Jason Riley led a partnership with the "Believe in the Gold" foundation to raise over \$15,000 at our Rock n' Roll night at "This Ain't Hollywood" bar. Alumni members once again took part in Tim Hortons "Send a kid to camp" day along with many other community events. IT'S SUCH AN HONOUR AND PRIVILEGE TO BE AS-SOCIATED WITH THE GREAT PLAYERS ALREADY RECOGNIZED ON THE WALL. JUST THINKING ABOUT MY NAME AND NUMBER UP THERE FOR MY FAMILY, FRIENDS AND FANS TO SEE GIVES ME CHILLS ROMITEDEDCK

A.

Rob Hitchcock

All Tiger-Cat fans also welcomed new team mascot Geoff Connor as the 5th "Pigskin Pete" since 1920.

We are also sad too announce the passing of former coach John Payne, owner Roger Yachetti, long-time anthem singer Fern Viola along with players Mel Aull and Gord McColman.

YOUR CFL SOURCE FROM COAST-TO-COAST!

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CFL Ottawa Alumni Association 2019 Year in Review

The Ottawa Alumni Association continues to grow under the leadership of President Jeff Avery and VP Jim Cain. Despite the challenges to grow membership because Ottawa was without a team for 13 seasons, membership has grown to over 100.

The CFLOAA had three major events this season.

Kicking off the season was the induction of the 1968 and 1969 Grey Cup winning Ottawa Rough Rider teams into the Ottawa Sport Hall of Fame on May 31.

The induction into the Ottawa Sport Hall of Fame was a well deserved honour as they were the only Ottawa Rough Rider team to ever repeat as Grey Cup champions. There were only 36 players on roster each season with 29 on both teams. Eight players (Jackson, Stewart, Tucker, Campbell, Racine, Lehmann, Gaines and Sutherin) plus Coach Clair are in the Canadian Football Hall of Fame.

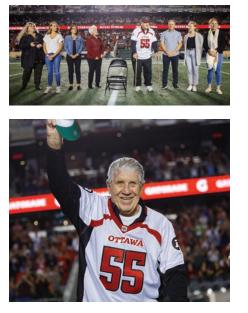
Surprisingly two Grey Cup records set in 1968 and 1969 still stand today. Vic Washington's 1968 iconic 80-yard TD run (including a fumble that bounced right back into his hands) is still the longest run ever. Also, Russ Jackson's 4 TD passes in 1969 is still the most ever in a Grey Cup game. Russ Jackson accepted the honour on behalf of the two teams. His belief was that these two Grey Cup wins were real team efforts combining defense, offense and special teams.

On September 21st, Kaye Vaughan was added to the Wall of Honour at TD Place Stadium as part of the Redblack's Retro Night. Kaye becomes the 12th former CFL Ottawa player on the Wall of Honour.

Kaye played 12 seasons for the Ottawa Rough Riders and was inducted into the Canadian Football Hall of Fame in 1978. He was selected for the Schenley Most Outstanding Lineman Award in both 1956 and 1957 and was also a finalist in 1960. He was also a 10 time Eastern All Star. Vaughan was also selected as the 41st best CFL player since 1945 in an extensive TSN Poll in 2006.

The CFLOAA also celebrated its annual golf tournament and BBQ on August 2nd at the Hylands Golf Club.

The Association is sad to announce the passing of three Alumni. Marv Bevan played tackle from 1956-64 Merv Collins played Guard from 1956 – 1965, both were members of the 1960 Grey Cup team. George Brancato played DB from 1957 – 63 and then served as head coach of the Rough Riders from 1974 – 84. He won a Grey Cup as a player in 1960 and then as a coach in 1976 and almost led them to a huge upset win in 1981 vs. Edmonton.







The Wild, Wild West

Call it Calgs, C-town, Mohkínstsis, the Stampede City, or anything you choose, the Grey Cup returns to Calgary to celebrate Canada's 107th National Party!

If you're coming to "Cowtown" you're going to have to get up-to-speed with some Calgarian slang that is bound to be of use at some time during your visit.

"Ferda Boys" is often the common excuse for a guy to do something extremely dumb while drunk while "Jus' Given'er" means to do something fast/hard or put an excessive amount of effort into a task. "Bud" can refer to a brand of beer while also referring to your friend which can be combined to say, "Get me a Bud, Bud". Finally, you may hear someone say "Get Weird" which refers to getting drunk enough to perform questionable acts. As you can deduct, most of the slang has reference to some sort of partying and Calgary is definitely a party town so keep your boots in your stirrups.

Calgary's folklore as Grey Cup partyers began in 1948 when trainloads of Calgarians descended on Toronto to for the 36th Grey Cup. Stamps fans created a party atmosphere by staging pancake breakfasts on the steps of City Hall, riding horses into the lobby of the prestigious Royal York Hotel, and starting parades, dances and parties everywhere. On the field, the Stamps completed the only perfect season in CFL history by defeating the Ottawa Rough Riders 12-7 before a crowd of 20,013 at Varsity Stadium on Nov. 27 for their first Grey Cup victory.

They continue to ride a quarter horse through a hotel lobby so to be sure to watch your step when checking in. If you see a white horse galloping along the sidelines or in town, its likely "Quick Six" the Calgary touchdown horse.

The Stampeders and their fans have always had a strong presence at every Grey Cup serving up free pancake breakfast to thousands of fans taking in the festivities. If you are a Stamps fan or just love some honkey-tonk, check out "Stamps House" where the beer is cold, the music is great and the women are.... beautiful.

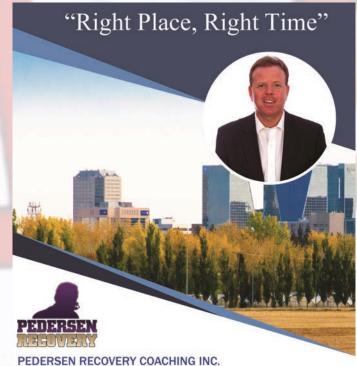
While Calgary certainly has some memorable moments off the field, it also has some unique one's on it.

In their 1948 Grey Cup victory, the Stampeders won the game on the strength of the "sleeper play", a touchdown scored by Norm Hill after he hid himself from the Ottawa defence by lying down on the sidelines, as if asleep. Hill essentially was hidden and when the next play began, he sprung to his feet. Before Ottawa players could react, Hill was open to catch Spaith's hurried, fluttery pass as he fell backwards in the end-zone. The 1971 Grey Cup will forever be remembered for Leon McQuay's infamous 4th quarter fumble. With Calgary leading 14-11 the Argos had a chance to win or at least tie the game as they faced a second-and-seven situation from Calgary's 11-yard line. McQuay then inexplicably fumbled and turned the ball over and the Stamps went on to victory.

The 1992 Grey Cup will be remembered for Doug Flutie's extraordinary passing performance of 480 yards and two touchdowns while the 1998 Grey Cup featured seven lead changes before kicker Mark McLoughlin connected on a 35-yard field goal at the gun to give the Stamps a 26-24 win over the Hamilton Tiger-Cats.

2001 saw the Stamps finish the regular season with an 8-10 record and massive underdogs to the 14-4 Blue Bombers, but somehow come out with a 27-19 victory. In 2014 the Stamps frustrated the Tiger-Cats once again and benefited from an illegal black penalty that negated a Brandon Banks punt return for a touchdown with 35 seconds left to play and hold on for a 20 - 16 victory.

Calgary has appeared in 17 Grey Cups with a record of 8 wins and 9 losses and are the defending Grey Cup Champions. This will be Calgary's 5th time hosting the Grey Cup and first since 2009. Calgary first hosted the Grey Cup in 1975 and has never played in a Grey Cup at home. By Ed Valtenbergs



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The Canadian Football Cheerleaders Alumni Organization

Three cheers for the newly formed CFL Cheer Alumni group!

This long over-due organization was founded in 2018 by Tiffany Beveridge and Raeanne Milovanovic, both Hamilton Tiger-Cats Cheer Alumni.



The Canadian Football Cheerleaders Alumni Organization (CFCAO) is comprised of former CFL Cheerleaders who support local & national charities and fellow alumni in need. They are incorporated under the Canada Not-for-profit Corporations Act.

Both Beveridge and Milovanovic decided to create this organization in hopes of bringing women (and men) together from across the country to support one another in times of need and to feel that camaraderie they all once felt while cheering for their hometown team.

The main objective for their inaugural year is to raise funds for the current cheer teams and help with their goal of getting to Grey Cup. The CFCAO is also proudly associated with the CFLAA as of May 2019. The goal for this partnership is to foster a relationship between the CFCAO and the CFLAA across Canada, and to increase membership, sponsorship and brand awareness between both organizations.

Each CFL team city has a CFCAO Director in place who is responsible for executing events to raise brand awareness and help with local fundraising initiatives. Winnipeg Cheer Alumni Director Chrissy, is a hard working member of the Winnipeg Blue Bomber Alumni over the past several years, serving as the representative for the Winnipeg Alumni Cheer teams, one of 3 non player positions on the board.





Chrissy is active on several of the Alumni board subcommittees including the Annual Golf Tournament, Whiskey, Wine and Chocolate night and the Riverview Cycle on Life. She is hardworking and passionate in her roles on the Board and is an energetic fundraiser for the Bomber Alumni and minor football in Manitoba. She is proud to now be a part of the Canada-wide Cheerleaders Alumni as well.

In order to register as a member of the CFCAO, one must have cheered in the CFL for at least one full football season. Upon completion, members will receive an official membership card that they can use at select Club Merchandise Stores for discounts on team swag and tickets, access to our member's only Facebook group, receive quarterly newsletters with details on what is going on throughout the league and many more benefits being added daily.

A goal of Beveridge and Milovanovic is to have a reunion every other year, bringing in Cheer Alumni Members from all over the country to celebrate Health, Wellness and all things Cheer related! They received this idea from Terri Lamb, president of the NFL Cheer Alumni, whom has been running their non-profit organization out of Washington for the past 10 years. Lamb has been working closely with the Canadian

If you are interested in joining the CFCAO, please visit their website at www.CFCAO.ca

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For more information contact: Mozhgan Khodadadi, Clinical Research Coordinator 416 603 5800 ext. 4025 Mozhgan.Khodadadi@uhn.ca



Located at the Toronto Western Hospital www.canadianconcussioncentreuhn.ca





The **Canadian Concussion Centre** is the world's first program dedicated to a fourpronged approach to concussions: research, education, diagnosis and treatment. The project is based at the Krembil Neuroscience Centre at the University Health Network's Toronto Western Hospital, and is led by internationally acclaimed concussion expert, Dr. Charles Tator. The team includes world leaders in brain injury, cognition, imaging, mental health and clinical care, working together to determine how concussions can affect us all

The **CFL Alumni Association** has taken a leadership role in promoting research and awareness of brain injury and concussion. The CFL alumni involvement includes former players, **Leo Ezerins** - Executive Director, CFL Alumni Association and on the Advisory Group **Matt Dunigan**.

The research is designed to better understand the full spectrum of concussions, in particular, persistent symptoms of concussion and the delayed effects of multiple concussions.

Our MISSION is to identify who has and who is at risk of developing the delayed neurodegeneration associated with multiple concussions. We are developing better **diagnostic tools** to detect the effects of multiple concussions, and we are trying to figure out the **underlying causes** of their long term effects. All of the above information is used to develop **mechanism-based treatments** to prevent or minimize the enduring effects of multiple concussions.

If you are interested in being a participant in the research study or to donate your brain, please contact:

Project Coordinator, Mozhgan Khodadadi, 416-603-5800 ext. 4025 Email: Mozhgan.Khodadadi@uhn.ca

Note: The study will cover the travel expenses (hotel, flight, and per diem) incurred to participate in the research program in Toronto. Plan on two days of testing.

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